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Mouse intestinal Fe³⁺ uptake kinetics in vivo. The significance of brush-border membrane vesicle transport in the mechanism of mucosal Fe³⁺ uptake

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Initial rates of mucosal uptake of Fe^{3+} from luminal Fe^{3+} -nitrilotriacetate solutions by tied segments of mouse intestine in vivo have been measured. Duodenal uptake showed an approximately hyperbolic dependence of uptake on Fe^{3+} complex concentration ($K_{m(app)}$ 66 μ M, V_{max} 6.2 pmol/min per mg intestine) with little dependence on nitrilotriacetate: Fe^{3+} ratio or on added Ca^{2+} . Duodenal uptake was greatly stimulated by hypoxic treatment of mice. Uptake rates by distal ileum were lower than by duodenum and more sensitive to added Ca^{2+} . These results show that isolated duodenal brush-border membrane Fe^{3+} transport characteristics (Simpson, R.J. and Peters, T.J. (1984) Biochim. Biophys. Acta 772, 220–226) are inadequate to explain duodenal Fe^{3+} uptake in vivo. However, ileal uptake can be explained by the properties of isolated ileal brush-border membrane (Simpson, R.J., Raja, K.B. and Peters, T.J. (1985) Biochim. Biophys. Acta 814, 8–12).

Introduction

Studies on Fe³⁺ uptake by mouse duodenal brush-border membrane vesicles have provided evidence that the predominant uptake process for Fe³⁺ represents transport across the isolated brush-border membrane [1,2]. It has been demonstrated that this transport is subject to adaptive regulation [2,3]. Advances in understanding the biochemical mechanism of mucosal Fe³⁺ uptake operating in vivo may be possible by further investigation of isolated brush-border membrane transport of Fe³⁺. It is essential, however, that the relationship between the transport properties of isolated brush-border membrane and in vivo transport properties of mucosal epithelium be investigated.

In vivo and in vitro studies of Fe³⁺ absorption over many years have delineated two kinetically distinguishable steps in the overall process of Fe³⁺ absorption, termed uptake and transfer [4,5]. The uptake step is usually identified with the brushborder membrane transport [6,7], while transfer presumably includes transport across and from the enterocyte to the plasma. The many reported studies of iron absorption in vivo and in vitro (see references in Ref. 4) suggest that the uptake step is capable of adaptive regulation [5] (and thus is presumably mediated by a controllable transport mechanism). The variety of different luminal conditions which have been employed for in vivo studies, coupled with the known instabilities of Fe³⁺ solutions make it difficult to interpret many previous studies of iron absorption in kinetic terms. In this paper the kinetics of Fe³⁺ uptake by mouse intestine studied in vivo, using conditions comparable to those previously employed for vesicle studies, are presented.

Abbreviations: Hepes, 4-(2-hydroxyethyl)-1-piperazineethanesulphonic acid; NTA, nitrilotriacetate.

Materials and Methods

In vivo ⁵⁹Fe³⁺ absorption. Mice were anaesthetised with Sagatal (May and Baker Ltd., Dagenham, U.K.) and the abdomen opened. Segments of mouse intestine of approx. 2 cm length were located either immediately distal to the bile duct or greater than 20 cm from the pylorus (distal ileum) and the ends tied off with surgical thread. Care was taken to maintain the blood supply of the segment intact. The appropriate radiolabelled incubation solution was injected intraluminally essentially as described in [8]. All incubation solutions contained 0.1 M mannitol, 0.1 M NaCl, 20 mM Hepes (pH 7.4) and were prepared as for vesicle uptake experiments [1]. For iron uptake studies the solution contained 59 Fe³⁺ (0.1 μ Ci/nmol) and excess nitrilotriacetate. For 51CrEDTA studies the solution contained 100 μ M ⁵¹Cr (0.05 μ Ci/nmol) and 400 μM EDTA. After incubation for up to 10 min the segment was removed, flushed with 20 ml of ice cold wash solution (0.1 mM Fe³⁺/0.22 mM nitrilotriacetate/0.15 M NaCl), opened, blotted on both surfaces and the connective, fatty or pancreatic tissue trimmed off. The segment was weighed and counted in a gamma counter (Beckman Instruments Inc., Fullerton, CA, U.S.A., Gamma 7000). The mouse was killed and counted for 10 min in a high-resolution bulk sample counter [9]. The animals were placed centrally between two detectors put at optimal separation. Appropriate standards were counted in each gamma counter and the activity of 59 Fe in mucosal tissue expressed as pmol/mg (wet weight) of intestine.

The wash media used were the same as those employed in vesicle transport experiments [1,2]. The procedure was optimized by varying the wash volume. The uptake after 10 min incubation in experiments with 100 μ M ⁵⁹Fe³⁺ and 200 μ M NTA was found to be essentially independent of the volume of wash medium in the range 10–30 ml and 20 ml was therefore selected. ⁵⁹Fe content of intestine was presumed to represent activity in intestinal mucosa as comparison of counts in whole tissue with counts in mucosal scraping revealed that $86 \pm 3.3\%$ (S.E., n = 10) of the radioactivity was in the mucosa (normal tissue, 10 min incubation, 100 μ M Fe³⁺, 200 μ M nitrilotriacetate). The radioactivity in the carcass was used to calculate

transfer of ⁵⁹Fe, in pmol/mg of absorbing intestine, using the measured length of the weighed portion and the length of the tied-off segment to calculate the weight of absorbing gut.

In some experiments the gut segment was prewashed with 0.15 M NaCl, immediately before the absorption study. The tied off segment was cut open at the distal end and 1 ml of 0.15 M NaCl (warmed to 37°C) pumped through at a rate slow enough to avoid excessive distention of the gut. The segment was tied-off immediately proximal to the cut and the incubation medium injected.

General methods and materials. Iron determinations were performed by atomic absorption spectrophotometry as in Ref. 2 and with ferrozine as in Ref. 1. Protein and enzyme determinations were performed as in Ref. 1. Gut fragments were homogenized in 1 ml of 50 mM mannitol/2 mM Hepes (pH 7.1) with a Duall homogeniser (Kontes Glass Co., Vineland, NJ, U.S.A.). Materials were obtained as described in Refs. 1 and 2. ⁵¹CrEDTA was from Amersham International, Bucks., U.K.

Preparation of brush-border membrane vesicles and determination of Fe³⁺ uptake were performed as described in Refs. 1 and 2.

Animals. 6-8-week-old male To-strain mice were used throughout. Hypoxia was induced by placing animals in a hypobaric chamber at 0.5 atmospheres for 3 days. Food and water were given freely except on the day of an experiment.

Results and Discussion

In vivo studies of the kinetics Fe³⁺ uptake by mouse intestine

In order to provide kinetically useful information from in vivo studies, it is necessary to study the early time course for uptake of ⁵³Fe³⁺ and establish linearity. The separate time courses for radioactivity in intestine and carcass in some experimental conditions are shown in Fig. 1. The time course of radioactivity in intestine is curved after an initial rapid phase and shows a tendency to reach a steady-state value. The time course for radioactivity in the carcass shows a noticeable lag. These characteristics, combined with the good linearity of the total mucosal uptake data (see Fig. 3 below) are consistent with the idea that uptake and transfer are sequential steps in the Fe³⁺ absorption pathway.

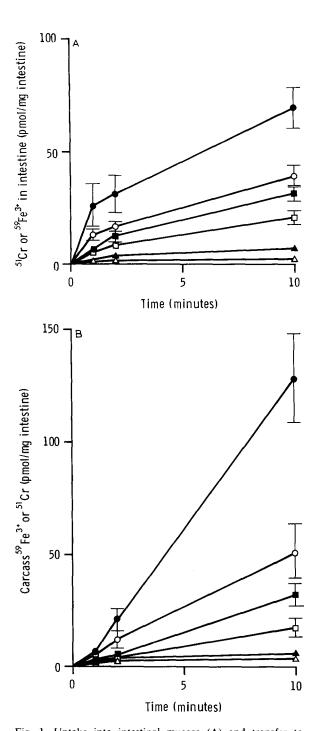


Fig. 1. Uptake into intestinal mucosa (A) and transfer to carcass (B) of $^{59}\mathrm{Fe}^{3+}$ and $^{51}\mathrm{Cr}\text{-EDTA}$ by mouse duodenal tied-off segments in vivo. Experiments were performed as described in Materials and Methods. Data points are mean \pm S.E. for 3–8 animals. Incubation media were varied as follows: (\Box), 100 μ M $^{59}\mathrm{Fe}^{3+}$, 200 μ M nitrilotriacetate; (\bigcirc), 400 μ M $^{59}\mathrm{Fe}^{3+}$, 800 μ M nitrilotriacetate, animals subjected to 3 days of hypoxia (0.5)

Total mucosal uptake can be obtained by summation of intestine and carcass radioactivity (Fig. 2) and at the highest measured rates shows reasonable linearity. At the lower rates, however, it is not possible to ignore the permeation of whole metal-chelate complex which occurs in intestine by an unknown pathway [10]. The stable metal complex 51CrEDTA is a useful marker for this pathway. Fig. 1 demonstrates that this gives similar values for radioactivity in duodenal mucosa and in the whole animal to those obtained by stabilising the Fe³⁺-NTA complex with a large excess of nitrilotriacetate (molar ratio of NTA: Fe³⁺ of 100:1). Similar data can be obtained with the more stable iron complex ⁵⁹Fe³⁺-EDTA. The total mucosal uptake of 51CrEDTA is low compared with that of ⁵⁹Fe³⁺-NTA at low NTA: Fe³⁺ ratio (Fig. 2) and the utpake of ⁵¹CrEDTA can be used to correct the total iron uptake. The resulting total mucosal uptake time courses are plotted in Fig. 3 to emphasise their general linearity, extrapolating to zero at t = 0. This allows the determination of an initial rate of ⁵⁹Fe³⁺ total mucosal uptake.

Data presented for absorption of Fe³⁺ in this paper assume that the uptake of radiolabel (⁵⁹Fe) represents net flux rather than exchange of label between the lumen and other pools of ⁵⁶Fe³⁺. In order to test this assumption, movements of total iron (⁵⁹Fe + ⁵⁶Fe) must be determined. However, the changes of iron levels observed in most of these experiments were too small for a detectable increase in tissue iron to be observed with iron assays. The alternative to this would be observations of decreased luminal total Fe³⁺ but these may also be complicated by iron release from the intestine into the lumen (see Ref. 4) during the incubation. Using hypoxic mice, with prewashed duodenal segments and a luminal Fe3+ concentration of 100 µM, a net decrease in luminal total iron could be detected by chemical determination of the luminal contents collected after incubation in tied segments. After 10 min incubation, the luminal total iron had declined to $41 \pm 10 \mu M$ (mean \pm S.E., n = 4). The mean drop in luminal

atmosphere) and absorption studies performed within 4 h of removal from hypoxic chamber; (Δ) 100 μ M 51 CrEDTA instead of Fe³⁺-NTA; (\blacksquare) 100 μ M 59 Fe³⁺, 160 μ M nitrilotriacetate; (Δ) 100 μ M 59 Fe³⁺, 10 mM nitrilotriacetate.

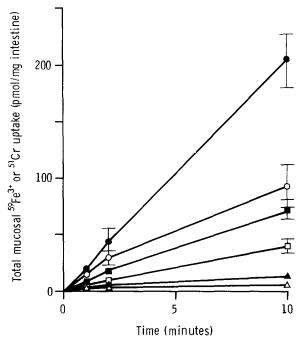


Fig. 2. Total mucosal uptake of ⁵⁹Fe³⁺ obtained by combining mucosal and carcass uptake in Fig. 1. Symbols and experimental details are as in Fig. 1.

⁵⁹Fe³⁺ in these experiments was $77 \pm 7\%$ (n = 4). Control incubations lacking iron revealed that $23 \pm 5 \mu M$ (n = 4) endogenous iron is present in the luminal contents after these incubations. It can thus be seen that the decrease in ⁵⁹Fe is matched by the loss in total iron from the lumen of the tied of segments ($77 \pm 7\%$ and $82 \pm 11\%$, respectively). The chemical form of the tissue iron released into the lumen in the control incubations is unknown but if it is ferritin (as is most cellular iron) it should not intrude on the uptake studies discussed in this paper.

As discussed by Forth and Rummel [4] tracer techniques of the type used here cannot quantitatively determine the rate of the transfer step in iron absorption due to the unknown degree to which isotope is diluted by mucosal ⁵⁶Fe. Thus the rates quoted here for transfer simply represent the minimum rate of iron movement to the animal's body from the gut. For the study of the initial unidirectional mucosal uptake rate from the lumen, this uncertainty is not relevant since the fate of the ⁵⁹Fe after the step of interest should not affect that step when initial rates are studied.

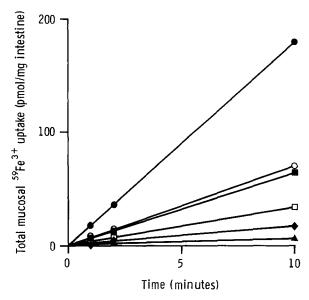


Fig. 3. Total mucosal uptake data corrected for permeation of whole metal complex. Symbols are as in Fig. 1, (\spadesuit) represents data for an experiment in which the incubation medium contained 25 μ M ⁵⁹Fe³⁺ and 50 μ M nitrilotriacetate.

Characteristics of in vivo ⁵⁹Fe³⁺ uptake by mouse duodenum and uptake by isolated brush-border membrane vesicles

Our previous studies of ⁵⁹Fe³⁺ uptake by brush-border membrane vesicles revaled that this uptake rate depended on the medium concentration of unchelated Fe³⁺ rather than Fe³⁺ (NTA)₂ complex. This observation was based on studies of the effect of varying medium Fe³⁺ and nitrilotriacetate concentrations at constant NTA: Fe³⁺ ratio (Fig. 4), varying the NTA: Fe³⁺ ratio, or on the effect of divalent cations, such as Ca²⁺, on the uptake rate.

The vesicle uptake rate is unaffected by varying Fe^{3+} concentrations from 5 to 100 μ M at constant NTA: Fe^{3+} ratio (Fig. 4). It should be noted that, based on the dissociation constants K_1 and β_2 of Sillen and Martell [11] for $Fe^{3+}(-NTA)_2$, the species $Fe^{3+}-NTA_2$ and $Fe^{3+}-NTA$ will all vary markedly in an experiment such as in Fig. 4, however, the total unchelated Fe^{3+} species (presumably oligo- or polynuclear Fe species) will not vary greatly. In contrast, over the concentration range 0–400 μ M, in vivo uptake shows a hyperbolic dependence on Fe^{3+} concentration (Fig. 5). Only $Fe^{3+}-NTA_2$, the predominant Fe^{3+} species

in these experiments, would be expected to increase approximately linearly over the range $10-100 \mu M$.

In vivo mucosal Fe³⁺ uptake from Fe³⁺ (-NTA)₂ is only slightly stimulated by the addition of 1 mM Ca²⁺ (Table I). This effect may be contrasted with the 7-fold increase in vesicle uptake reported previously with the same concentration of Ca²⁺, Fe³⁺ and NTA [1]. Table I also shows that in vivo uptake is stimulated less than 2-fold on reducing the NTA: Fe³⁺ ratio from 2:1 to 1.6:1. In contrast vesicle uptake increases by 4-fold in similar circumstances (taken from Ref. 1).

Uptake is markedly stimulated by exposure of mice to 3 days of hypoia (Fig. 3, Table II); however, there is no change in uptake of ⁵¹CrEDTA (Table II). Prewashing the duodenum led to a further marked increased in Fe³⁺ uptake in hypoxic animals. This finding suggests that a factor may be present in hypoxic-mouse gut which inhibits Fe³⁺ uptake. This factor does not appear to have a significant effect in normal mice (Tables I and II).

The increase in initial uptake of Fe³⁺ by brush-border membrane vesicles elucidated by hypoxic treatment of mice has been previously reported to be less than 2-fold [2]. The vesicle studies were performed using the same medium Fe³⁺ and nitrilotriacetate concentrations as in Table II.

The characteristics of in vivo ⁵⁹Fe³⁺ absorption by mouse distal ileum

The absorption of Fe³⁺ by mouse distal ileum is different from that observed in duodenum. Fig. 6 shows that the permeation of the marker ⁵¹CrEDTA is similar in the ileum and duodenum (Fig. 2). There is, however, no detectable transfer of ⁵⁹Fe³⁺ into the animal, after correction for the entry of intract complex.

The observation that distal regions of the small intestine exhibit decreased total mucosal uptake with little or no capacity to transfer iron to the plasma has been made before in studies with Fe²⁺ [4,13] and Fe³⁺ [4]. The latter study, however, used FeCl₃ at pH 2 which may have a deliterious effect on the mucosa of distal ileum.

The ileal uptake of ⁵⁹Fe³⁺ shows a greater stimulation by Ca²⁺ (Fig. 6) than in duodenum, though the penetration of ⁵¹CrEDTA was unaf-

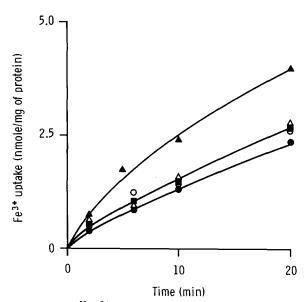


Fig. 4. Initial $^{59}\text{Fe}^{3+}$ uptake by duodenal brush-border membrane vesicles at various medium Fe^{3+} and constant NTA: Fe ratio. Uptake was determined by millipore filtration as described in Ref. [1]. Medium Fe^{3+} : NTA was 1:2 with Fe^{3+} concetration of: (\blacktriangle), 361 μ M; (\vartriangle), 91 μ M; (\blacksquare), 30 μ M; (\bigcirc), 13 μ M and (\bullet), 5 μ M.

fected by this ion (after 10 min incubation control 51 CrEDTA uptake was 7.2 ± 0.8 (S.E., n = 8) pmol/mg of gut and with 1 mM CaCl₂ it was 8.3 ± 2.6 (n = 3) pmol/mg of gut). After correcting for the penetration of 51 CrEDTA, the in-

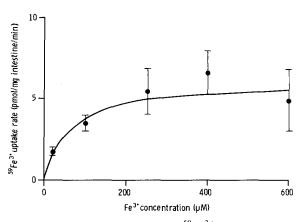


Fig. 5. Initial mucosal uptake rate for 59 Fe $^{3+}$ by duodenum in vivo at various medium Fe $^{3+}$ and constant NTA: Fe ratio. Data were obtained from tied-off segments incubated for 10 min in vivo as described in the Methods section. Each point is \pm S.E. for 4–8 determinations. The curve was obtained by fitting the data to a hyperbola and is characterised by a ' $K_{\rm m}$ ' of 66 μ M and a $V_{\rm max}$ of 6.2 pmol/min per mg intestine.

TABLE I

TOTAL MUCOSAL UPTAKE OF Fe³⁺ FROM DUODENAL TIED SEGMENTS

In all experiments in part (a), the medium contained 0.1 M mannitol, 0.1 M NaCl, 20 mM Hepes (pH 7.4 ± 0.1), $100~\mu$ M Fe³⁺ and $200~\mu$ M nitrilotriacetate. Further additions were made as detailed below. In part (b) only the nitrilotriacetate concentration was varied. Uptake studies were performed as described in Materials and Methods. Incubation time was 10 min. Values have been corrected for absorption of ⁵¹CrEDTA as described in the text and show mean \pm S.E. values for (n) animals. In part (a) all values are not significantly different from control (P > 0.05).

Experiment	⁵⁹ Fe ³⁺ uptake (pmol/mg of gut)	Uptake relative to control
(a) Control	35 ± 6 (8)	1
+1 mM MgCl ₂	$51 \pm 4 (4)$	1.4
+1 mM CaCl ₂	$56 \pm 5 (3)$	1.6
Prewashed loop	$45 \pm 8 (7)$	1.3
(b) NTA: Fe ³⁺ ratio		
1.6	66 ± 8 (4) *	1.9
2.0	$35 \pm 6 (8)$	1
100	$7 \pm 3 (6) **$	0.2

^{*} P < 0.05 compared with control.

crease in total ⁵⁹Fe³⁺ mucosal uptake in the presence of Ca²⁺ was about 4-fold. The uptake of ⁵¹CrEDTA represents a major correction to the total ⁵⁹Fe³⁺ uptake so accurate measurements of specific ⁵⁹Fe³⁺ uptake in ileum are difficult. Brush-border membrane vesicles from distal ileum have been reported to show a 4-fold stimulation in initial uptake in response to the addition of 1 mM CaCl₂ to the medium [2].

Comparison of Fe³⁺ transport by isolated brushborder membrane vesicles and by whole tissue

The comparison of initial transport rates by isolated brush-border membrane vesicles with total uptake by mucosal epithelium in vivo is possible if a brush-border membrane marker enzyme is used to assess the brush-border membrane surface in each preparation and if both represent initial influx rates. This assumes that the marker enzyme and Fe³⁺ transporters share the same topological distribution on the brush-border membrane. The rates involved in studies of in vivo Fe³⁺ uptake are sufficiently slow to make limitation by unstirred

layers small [14] hence a comparison is reasonable. It has been shown previously [1,15] that studies of ⁵⁹Fe³⁺ uptake by brush-border membrane vesicles do indeed measure the net initial influx rate for Fe³⁺. As discussed above, the in vivo measurements here also appear to represent a net initial influx rate. It could be argued that ⁵⁹Fe³⁺ uptake by brush-border membrane vesicles is rate determined by a step subsequent to the membrane, the overall uptake masking a rapid initial phase. It has been demonstrated, however, that the uptake rates measured with brush-border membrane vesicles are indeed determined by the membrane transport rate [1].

Comparison of the vesicle and in vivo uptake rates (Table III) indicate that the rates observed with purified brush-border membranes are inadequate, by a factor of nearly 10, to account for those observed in vivo in normal tissue. Many observations noted above also point to qualitative discrepancies between the in vivo and the isolated brush-border membrane transport characteristics.

Preparation of brush-border membrane vesicles by methods not involving treatment with 10 mM MgCl₂, namely disruption of brush border with

TABLE II

IN VIVO ⁵⁹Fe³⁺ MUCOSAL UPTAKE BY HYPOXIC MICE

Uptake data (mean \pm S.E. for (n) determinations), after 10 min incubation, for normal and hypoxic mouse duodenum from media containing either 400 μ M ⁵⁹Fe³⁺ and 800 μ M nitrilotriacetate or 100 μ M ⁵¹CrEDTA. The data for Fe³⁺ uptake have been corrected for uptake of whole metal complex with the ⁵¹CrEDTA uptake values. Statistical analysis: comparison of normal and hypoxic mice (a) P < 0.01; comparison of uptake by hypoxic mice (prewashed) with hypoxic (non washed) gut segment (b) P < 0.01.

Experiment	Total mucosal upta (pmol/mg intesting	
	⁵⁹ Fe	⁵¹ CrEDTA
Normal mouse	66.5 ± 14.0 (6)	5.7 ± 1.5 (4)
Normal mouse, prewashed segment	60.0 ± 2.0 (3)	
Hypoxic mouse	$182 \pm 24 (5)^a$	5.4 ± 1.5 (3)
Hypoxic mouse, prewashed segment	377 ±36 (8) b	5.9 ± 2.7 (3)

^{**} P < 0.01 compared with control.

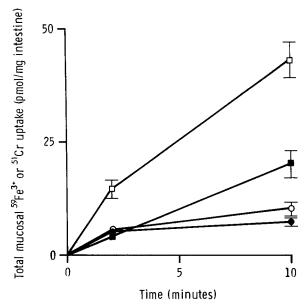


Fig. 6. Total mucosal uptake of $^{59}\text{Fe}^{3+}$ and $^{51}\text{CrEDTA}$ by tied-off segments of distal ileum. Incubation media were as in Fig. 1 only (\bigcirc) 100 μ M $^{59}\text{Fe}^{3+}$, 200 μ M nitrilotriacetate; (\square) 400 μ M $^{59}\text{Fe}^{3+}$, 800 μ M nitrilotriacetate; (\square) 100 μ M $^{51}\text{CrEDTA}$, No Fe³⁺-NTA; (\square) 100 μ M $^{50}\text{Fe}^{3+}$, 200 μ M nitrilotriacetate and 1 mM CaCl₂.

Tris or NaSCN, does not lead to large enhancement of the Fe³⁺ uptake rate [2]. Similarly, preloading of vesicles with unlabelled Fe³⁺ [2] suggests that the discrepancy cannot be explained by in vivo uptake representing an isotope exchange phenomenon while the uptake by vesicles is a slower net flux of Fe³⁺. With distal ileum, the quantitative and qualitative discrepancies between isolated brush border membrane and in vivo uptake do not occur and Table III demonstrates the quantitative agreement.

It is clear that further attempts to characterise biochemically the Fe³⁺ transport displayed by isolated duodenal brush-border membrane vesicles must take into account the discrepancies between vesicle uptake and in vivo duodenal mucosal uptake.

It is possible that a cellular mechanism for Fe³⁺ uptake, operating in duodenum but not ileum and greatly increased in response to hypoxia is not expressed in brush-border membrane vesicles, perhaps because of the loss of the cellular reducing power or ATP. It is noteworthy that the characteristics of the uptake displayed by vesicles would be

TABLE III

COMPARISON OF BRUSH-BORDER MEMBRANE AND IN VIVO Fe^{3+} UPTAKE RATES

⁵⁹Fe³⁺ uptake rates by brush-border membrane vesicles in vitro and total mucosal uptake of ⁵⁹Fe³⁺ in vivo expressed relative to the activity of Zn²⁺-resistant α-glucosidase, a brush-border membrane marker enzyme [16]. All experiments were performed with 0.1 M mannitol, 0.1 M NaCl, 20 mM Hepes (pH 7.4±0.1), 400 μM Fe³⁺ and 790-800 μM nitrilotriacetate and tissue from normal mice. Data were calculated from (a) Fig. 3, (b) and (d) Ref. [2], (c) Fig. 6, and the value for α-glucosidase in duodenum of 0.055±0.005 (S.E., n=16) munits/mg of gut in distal ileum.

Preparation	Approximate initial uptake rate (nmol/min per munit α-glucosidase)	
(a) In vivo duodenal tied-off loops	0.14	
(b) Duodenal brush-border		
membrane vesicles	0.015-0.02	
(c) In vivo ileal tied-off loops	0.06 - 0.08	
(d) Ileal brush-border		
membrane vesicles	0.06 - 0.20	

important in conditions of low pH, where unchelated Fe³⁺ may persist for longer periods than at neutral pH. We have not extended our study of Fe³⁺ uptake by brush-border membrane vesicles to low pH but data in Ref. 17 imply that the uptake of Fe³⁺ by vesicles also occurs at lower pH. The question of whether an Fe³⁺ uptake mechanism which interacts with weak Fe³⁺ complexes (such as are present in dilute Fe³⁺-(NTA)₂ solutions at neutral pH) is more important than one which interacts with unchelated Fe³⁺ cannot be unequivocally answered without a better knowledge of the chemistry of iron during in vivo digestion of food.

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